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WHAT'S BETWEEN THOSE BUNS?

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ISTOCK | KATHLEEN COMBS

GABRIEL "FLUFFY" IGLESIAS

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FEB 9-11

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WELCOME TO METRO BOSTON

MORGAN ROUSSEAU, MANAGING EDITOR

Yesterday, as I stepped out of my New York home to head to work, I received an alarming notification on my phone: "Tsunami warning in effect ..." I tapped the notification and it brought me to another message stating that the tsunami warning was in effect between 8:28 a.m. and 9:28 a.m., according to the National Weather Service. So many questions and images came to mind. As it turns out, Tuesday's tsunami alert was a test gone awry that startled thousands along the East Coast. Read more inside about what happened and why experts fear false alarms jeopardize our long-term safety.

STATE OFFICIAL: TRUMP IS 'SABOTAGING' CENSUS

The Trump administration is attempting to sabotage blue states like Massachusetts by putting them at a disadvantage during the 2020 Census, Massachusetts Secretary of State William Galvin said. "What I'm about to say is, I think, something that is a unique crisis that I think none of us could have anticipated. It's pretty obvious to me, as the census director and in the communication I've had with the Commerce Department in preparing for the 2020 Census, which is now just two years away, that the Trump Administration intends to politicize this census," Galvin said on Tuesday. "I say nothing less than sabotaging it for states like Massachusetts." Galvin said the two greatest challenges to getting an accurate count in Massachusetts are the number of immigrants who speak different languages and the number of college students. STATE HOUSE NEWS SERVICE

BOSTON-BOUND AMTRAK TRAIN BREAKS AT 125 MPH

2 A high-speed Boston-bound Amtrak train broke apart while traveling at 125 mph through Maryland on Tuesday morning, Amtrak said. "Earlier this morning, at approximately 6:40 a.m., Acela Express train 2150 traveling from Washington, D.C., to Boston experienced a mechanical issue when two of the train's cars separated," Amtrak said in a statement. "There were approximately 52 passengers aboard who were transferred to Northeast Regional Train 180. There were no reported injuries to customers or crew. We are currently investigating the cause of the car separation, inspecting every Acela trainset and taking any necessary actions to prevent a reoccurrence." An image shared on social media showed the disconnected train cars. On Sunday, an Amtrak train struck a freight train parked on the tracks in South Carolina, killing two. NIKKI M. MASCALI

SPACEX LAUNCHES FIRST HEAVY LIFT ROCKET IN DEMONSTRATION MISSION

3 The SpaceX Falcon Heavy rocket lifts off from launch pad 39A at Kennedy Space Center on Tuesday in Cape Canaveral, Florida. The rocket is the most powerful rocket in the world and is carrying a Tesla Roadster into orbit.

GETTY IMAGES

TRUMP SAYS HE WOULD 'LOVE' A SHUTDOWN

4 President Donald Trump said on Tuesday he would "love" to see another government shutdown as Republicans and Democrats in Congress worked to reach a budget deal that would prevent federal agencies from having to close their doors this week. As lawmakers in Congress closed in on a bipartisan budget deal that could end months of budget uncertainty, Trump threatened to upend the discussions by insisting that any spending package would have to include changes to immigration laws — the very issue that led to a three-day shutdown last month. "I'd love to see a shutdown if we don't get this stuff taken care of," he said at the White House. The White House later clarified that it did not expect the budget deal to include specifics on immigration. Republican and Democratic leaders in the Senate say they are close to an agreement.

CONGRESS MAY BE PUSHED ON VIRTUAL CURRENCIES

5 U.S. regulators may ask Congress to pass legislation to improve oversight of virtual currencies like bitcoin amid concerns about the risks posed by the emerging asset class, the head of the Securities and Exchange Commission said on Tuesday. The comments by SEC Chairman Jay Clayton before the Senate Banking Committee are the strongest indication yet that federal authorities are mulling new laws to scrutinize virtual currency trading and investing. "We may be back with our friends from Treasury and the Fed to ask for additional legislation," Clayton said when asked whether Congress needed to act on virtual currencies. The hearing followed a rout in the price of bitcoin, which has lost about half its value this year on concerns ranging from a global regulatory clampdown to a ban by some banks on using credit cards to buy bitcoin.

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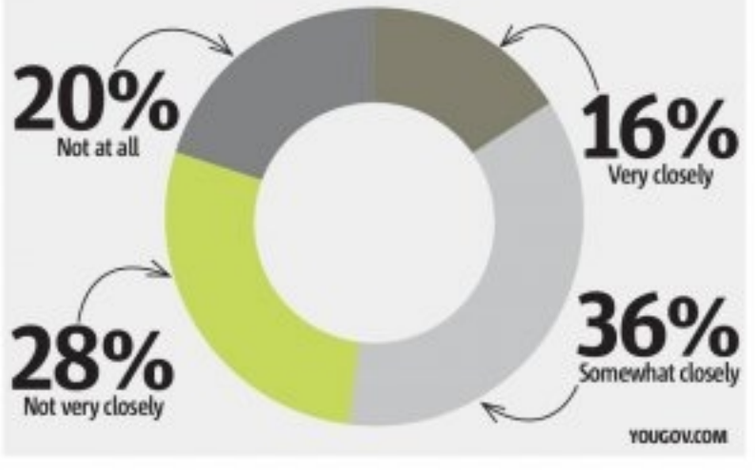

Gronk's home burglarized; safes and guns could have been stolen

Gronkowski and the rest of the Patriots left for Minneapolis on Jan. 29 and did not return to Massachusetts until Monday evening around 5 p.m. GETTY IMAGES

It is believed that "safes and possible guns" were taken during the break-in that occurred while Rob Gronkowski was in Minnesota for the Super Bowl.

NIKKI M. MASCALI
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Foxborough police are investigating a break-in that occurred at the home of New England Patriots tight end Rob Gronkowski.

"I just want to confirm the reports that Mr. Gronkowski was the victim of a residential burglary last night," Foxborough Police Chief William D. Baker said Tuesday morning.

Though Baker offered little detail, he said the call about the burglary was received around 6:18 p.m. Monday and that Gronkowski was not home at the time of the break-in.

It is believed the burglary occurred while Gronkowski was playing Sunday night in Super Bowl LII against the Philadelphia Eagles in Minnesota and that "multiple safes and possible guns" were taken from the home, according to a police audio recording obtained by Boston 25 News.

Gronkowski and the rest of the Patriots left for Minneapolis on Jan. 29 and did not return to Massachusetts until Monday evening around 5 p.m., the station reported.

"Out of respect to Gronkowski's privacy, and because this is an active criminal investigation, we're not going to be releasing any information right now about what was stolen or if there are any suspects," Baker said. "Obviously, the people who committed the theft know what was stolen. It's an investigative advantage for us to know that as well and not share that with the public."

> ***"Obviously, the people who committed the theft know what was stolen. It's an investigative advantage for us to know that as well and not share that with the public."***
> Police Chief Baker

Baker did say that no other burglaries have been reported in the neighborhood.

"We hope to comment more on this case when we bring somebody to justice for having committed this burglary," he said.

In a shocking upset, the Eagles defeated the Patriots, 41-33, to win their first Super Bowl Sunday night.

"It's a tough combination to have suffered this unfortunate loss and then to get home and be a victim of this kind of crime," Baker said when asked how Gronkowski was holding up after the burglary.

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New report: Ride-hailing services are making Boston roads more congested

Though many people may use Uber and Lyft instead of owning a car, they're also using those services instead of taking public transportation, increasing traffic on the roads.

KRISTIN TOUSSAINT
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Uber and Lyft may be adding to traffic in Boston, according to a new report. GETTY IMAGES

Ride-hailing services like Uber and Lyft may make it easier to get around a city for those who don't own cars, but they're not actually taking many vehicles off the road. In fact, they're making Boston's roads more congested, according to a new report.

The Boston Metropolitan Planning Organization (MAPC) recently released a report, funded by the Barr Foundation, for which 1,000 ride-hailing passengers in the Boston metro area were surveyed.

The survey, conducted at the end of 2017, asked about these passengers' demographics, the nature of their ride-hailing trips and why they chose to call such a ride, rather than use another method of transportation.

To conduct the survey, MAPC reached out to drivers for Uber, Lyft, Fasten and Safr and equipped their cars with tablets so the passenger could fill out the survey in the vehicle.

Most ride-hailing users are under the age of 35, the survey found, and mainly use the service because they don't own a car themselves.

People call ride-hailing vehicles throughout the day, according to the survey. Though the greatest frequency of trips are between 7 p.m. and midnight, 40 percent of weekday trips are within the morning or afternoon commute times.

Passengers who call Ubers or Lyfts also like to ride alone, the survey found, even though it costs more. Only one-fifth opted to share their ride through services like UberPOOL or Lyft Line.

This behavior leads to more traffic, according to MAPC — especially since riders are choosing this service instead of public transportation.

More than 40 percent of these passengers said that they would have used public transit for their trip if ride-hailing services weren't available. Approximately 12 percent said they would have walked or biked, and 5 percent wouldn't have made their trip at all.

"In other words," according to the report, "59 percent of all ride-hailing trips are adding additional cars to the region's roadway system."

The remaining 41 percent of trips, the survey noted, would have occurred via the rider's own vehicle or by taxi.

59%

PERCENTAGE OF RIDE-HAILING TRIPS THAT ARE ADDING TO ADDITIONAL TRAFFIC

Ride-hailing trips are replacing "more sustainable modes of transportation (transit, walking, and biking) at an alarming rate," the researchers noted, and these findings show a need to invest in the MBTA, so it can better compete as a transit option with ride-hailing services.

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Weather Service's tsunami warning leads to confusion

The warning did not clarify that it was a test.

KRISTIN TOUSSAINT
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People across the country woke up Tuesday to a tsunami warning from the National Weather Service, but the federal agency says there is no such threat, it was simply a test.

The alert popped up as a phone notification for many mainly on the East Coast through weather apps like Accuweather. "Severe Weather Alert," the notification read, "Tsunami Warning in effect for [Location]. Source: U.S. National Weather Service."

People reported receiving the alerts in New York, Massachusetts, Florida, Louisiana, Texas and other states.

The warning sparked concern, prompting National Weather Service branches across the country to clarify on Twitter that there is no tsunami warning, and it was a test conducted early Tuesday morning.

"These kinds of false alarms make it very difficult to communicate credibly in the event of an actual emergency."

Dr. Irwin Redlener

The initial notification that popped up on phones did not have the word "test," according to screenshots.

But if the user clicked to the full message, in some cases, the alert said, "This message is for test purposes only. This is a test to determine transmission times involved in the dissemination of tsunami information."

That distinction was not enough for people who said the notification sent them into a panic.

Frank Nocera, a meteorologists with the National Weather Service Boston office, said that the message originated from the Tsunami Warning Center in Alaska, and the National Weather Service offices across the country just rebroadcast that message.

"It got coded wrong and it was just a test," he said. "Every so often we do test messages to make sure they get transmitted properly."

When asked if these false messages are a concern or make it more difficult to relay real information, Nocera said that sometimes, simply, mistakes happen — but test warnings are still an important tool.

"Technology is great but sometimes things get coded improperly," he said. "We have to do these test messages, it's important to make sure all our communication systems are working properly. Maybe it's a good thing it was caught during a test, not during a real situation."

These errors shouldn't be tolerated at all though, said Dr. Irwin Redlener, director of the National Center for Disaster Preparedness, and this instance shows a need for a "thorough review" of all warning systems.

"These kinds of false alarms make it very difficult to communicate credibly in the event of an actual emergency," he said. "A zero tolerance for errors has to be the goal here, because when the real things happen, to the extent that we have skepticism in the public because of a history of false alarms, that's extremely dangerous." KRISTIN TOUSSAINT

A tsunami warning was sent to phones across the country but it was just a test, officials said. GETTY IMAGES

food BEANTOWN drink
BITES

No meat? No problem. PROVIDED

Chef Paul Wahlberg launching with Impossible Burger. PROVIDED

Chef Paul Wahlberg brings the 'Impossible' to Wahlburgers

A plant-based burger that can satisfy the cravings of hungry meat lovers has hit the menu at Wahlburgers.

The restaurant brand owned by Paul Wahlberg, along with his famous brothers Mark and Donnie, has teamed up with California-based Impossible Foods to bring their popular Impossible Burger patties to Wahlburgers across the country. Since it first launched in 2016, the 100 percent meatless option has taken the culinary world by storm for its ability to mimic the way traditional burgers taste, smell and even "bleed."

Joining the growing number of restaurants around Boston and the nation that've embraced the meat-free, eco-friendly offering, Wahlburgers is putting its own twist on the burger. Each four-ounce patty is topped with smoked cheddar, caramelized onions, chili spiced tomatoes, lettuce and, of course, the brand's tasty, house-made Wahl-sauce.

Chef Paul tells Metro that he's particularly impressed by the Impossible Burger's texture, something the folks at Impossible Foods have spent years perfecting.

"They put so much time and effort into it," he says. "Texturally, it's as close to meat as you're going to get. It has a mouth feel like ground beef."

Meat offerings are usually front and center at Wahlburgers, but chef Paul notes that the brand has always tried to cater to people with alternative culinary tastes. Wahlburgers has experimented with in-house veggie burger and sandwich options over the years, and has a number of pescetarian and vegetarian-friendly items on its menu.

What makes the new Wahlburgers Impossible Burger so special is that it stays true to the chain's burger joint roots while also giving herbivorous eaters a chance to enjoy all those classic textures and flavors.

"We are an indulgence, but we want to appeal to as many people as possible," says chef Paul. "We're a burger place. At the end of the day, we want to be as much like a burger place as we possibly can."

"As a cook you always want to be creative and kind of push the envelope a little bit," he adds. "But at the same time, you have to remember who your audience is."

Although filming will begin soon on another season of A&E's "Wahlburgers" reality series, chef Paul plans to stay focused on growing and expanding his burger brand in 2018 with even more new offerings.

"At the end of the day, I just want to make people happy and give the customer a better experience," he says. "Whatever that is, I'm in." **MATT JUUL**

Donnie, Paul and Mark Wahlberg. GETTY IMAGES

Treat your sweety to hot chocolate pancakes

If your significant other has a serious sweet tooth, treat them to a delicious meal of hot chocolate pancakes for Valentine's Day. Nick Dixon, executive chef at Lincoln Tavern & Restaurant, breaks down this delightful recipe.

Ingredients:

Hot Chocolate Pancakes
1 cup of store-bought pancake mix
½ cup of hot chocolate mix
½ cup of dark chocolate chunks
⅔ cup and 4 tbsp. of milk
1 large egg
1 tbsp. of melted butter

Hot Fudge Maple Syrup
⅓ cup of Stonewall Kitchen bittersweet chocolate sauce or something similar
⅔ cup of maple syrup

Whipped Cream
1 cup of heavy cream
2 tbsp. of powdered sugar
½ tsp. of vanilla extract

Directions:

Hot Fudge Maple Syrup
Over low heat, whisk together chocolate sauce and maple syrup until smooth.
Set aside and keep warm.

Whipped Cream
Whisk cream, sugar and vanilla extract until peaks form.
Set aside.

Hot Chocolate Pancakes
Combine all dry ingredients. Add egg and milk and mix until smooth. Add melted butter and mix until smooth. Place two heaping tablespoons of the batter on a hot buttered griddle. When the edges start to bubble, flip the cake and cook for one minute. Top with hot fudge maple syrup and whipped cream. Garnish with marshmallows.

Take your pancakes up a notch with this recipe. PROVIDED

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Meet the Americans

PROFILING TEAM USA'S BIGGEST STARS

MATT HAMILTON
CURLING

DOB: 2/19/89
HOMETOWN: McFARLAND, WI

Hamilton will be featured in both the men's team and mixed doubles portion of the curling competitions at the 2018 Winter Olympics. In mixed doubles, he will be featured with his sister, Becca.

The 28-year-old has been at the forefront of curling in the United States for the better part of the last decade, winning a national title in 2015.

He most recently finished fourth in the world championships last year, a disappointing reply to a bronze-medal campaign in 2016.

Hamilton is also a two-time champion of the Continental Cup in 2016 and 2018, putting him solid form heading into his first Olympic Games.

BECCA HAMILTON
CURLING

DOB: 7/12/90
HOMETOWN: McFARLAND, WI

Not only did Becca win the Olympic trials alongside her brother Matt in mixed doubles, but she also won the team trials as one of the best curlers in the United States has to offer.

Hamilton has competed in collected a pair of top-10 finishes at the world championships in 2015 (10th) and 2017 (5th) as she continues to develop into a force on the world's curling stage.

She is a two-time junior national champion and the 2014 women's national champion.

If Matt and Becca are on their game in South Korea, they will be the busiest athletes at the Olympics considering curling spans 18-straight days for those making their way to gold-medal matches.

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PATS NEED OVERHAUL ON 'D'

MATT BURKE

OPINION

Matt Burke is the Executive Sports Editor and a columnist at Metro US.

Follow him on Twitter @burke_metro

Rams cornerback Trumaine Johnson will be one of the top names on the free agent market. GETTY IMAGES

One good thing about the Patriots losing the Super Bowl to the Eagles is that there will be more of a sense of urgency this offseason to improve the roster. Had the Pats won, subconsciously they may have said to themselves, "We won a title with this team, we just have to tinker."

But anyone who watched the Pats from beginning to end this past season knows: this team needs to do more than just tinker. It needs some major changes if it is to be a powerhouse once again.

Replace Butler

It was easy to pick on the Patriots secondary in the aftermath of Super Bowl LII. All of Malcolm Butler's "replacements" were horrible, yes, but the Pats still have talent back there. Stephon Gilmore was excellent down the stretch of the season and in the postseason. Patrick Chung and Devin McCourty might not be elite, but they are both legit starters.

Bottom line is that the Pats need another top-notch cornerback. Butler is gone. No way he's coming back after what transpired this past week.

The top two cornerbacks on the free agent market will be the Rams' Trumaine Johnson and the Redskins' Bashaud Breeland.

Alabama's Minkah Fitzpatrick is the top defensive back in the draft, but he will go well-ahead of where the Pats are picking at No. 31 in the first round. It's more likely the Pats go with a cornerback like LSU's Donte Jackson, Auburn's Carlton Davis or Colorado's Isaiah Oliver if they are to tab a CB early in the draft.

Fix the front seven

The Pats will get Dont'a Hightower back from injury in 2018, but this front seven needs much more than that if it is to even become an average unit again.

Enough with the "bend but don't break" philosophy. As we saw in the Super Bowl, more times than not nowadays the Patriots "break" against good offenses.

Kyle Van Noy, Elandon Roberts and Lawrence Guy are role players. They in no way should be playing nearly every snap in a Super Bowl, which is what they were doing this past Sunday. Having James Harrison on the team was cool, but the guy is going to be 40 in May. Tom Brady might be kicking Father Time's ass right now, but Harrison is losing that battle and there is a reason the Steelers gave up on one of their all-time best players: Harrison just doesn't have it anymore.

Unfortunately, the free agent linebacker class is pretty weak this year — though expect the Pats to at least kick the tires on the Jets' Demario Davis or the Bengals' Kevin Minter.

The Pats haven't drafted a linebacker in one of the first two rounds since 2013, when they tabbed Jamie Collins with the 52nd overall pick. The year prior, they picked Hightower with the 25th overall pick.

Virginia Tech linebacker Tremaine Edmunds and BC's star DE/LB Harold Landry may be available when the Pats pick at No. 31.

There are a good amount of quality linebackers that will be available in the 2018 NFL Draft, so expect the Pats to land at least one of them early.

In house issues

The Patriots have their own free agents to re-sign and it's unlikely they'll bring back all of their big names. In addition to Malcolm Butler - Danny Amendola, Dion Lewis, Nate Solder, Matthew Slater, Rex Burkhead, Cameron Fleming and LaAdrian Waddle are all free agents.

MATT BURKE

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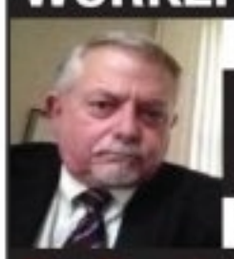

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By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Jacqueline Augustin to Mortgage Electronic Registration Systems, Inc., as nominee for Opteum Financial Services, LLC, its successors and assigns, dated May 23, 2006 and recorded with the Suffolk County Registry of Deeds at Book 39685, Page 279, as affected by Loan Modification Recorded with said Registry of Deeds in Book 49149, Page 261 subsequently assigned to U.S. Bank National Association as trustee on behalf of the holders of Banc of America Funding Corporation Mortgage Pass-Through Certificates, Series 2006-H by Mortgage Electronic Registration Systems, Inc., acting solely as nominee for Opteum Financial Services, LLC, its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 47876, Page 321; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on February 21, 2018 at 1022 - 1024 Canterbury Street, Boston (Roslindale), MA, all and singular the premises described in said Mortgage,

TO WIT:

A parcel of land with the buildings thereon situated in said Boston in that part thereof known as Roslindale and shown as Parcel B158-22 on plan entitled: the Commonwealth of Massachusetts Plan of Land in the City of Boston Suffolk County Taken for Highway Purposes by the Department of Public Works, June 18, 1969, Scale: 40 feet to the inch", signed by Daniel S. Horgan, P.E., Chief Engineer, and approved by the Order of Taking on July 10, 1969 in the Registry of Deeds for Suffolk County in Book 8296, Page 127, being bounded and described as follows: Parcel B158-22 A parcel of land formerly owned by William J. and Evelyn D. Shanahan, bounded northerly by Canterbury Street 135.95 Feet; southeasterly in part by land now or formerly of the Commonwealth of Massachusetts, Department of Public Works, and in part by land now or formerly of Frederick J. and Albina R. Forte, a total of 110.60 feet; and southwesterly by land now or formerly of Carmela Celata, Sabina Celata, Alfred Celata, Richard Celata, Leonard Celata, Joseph Celata, Ann Marie Celata, Edward Celata, Carol Caruso and Albina Forte about 90 feet; containing about 5504 square feet. For Title see Deed Dated October 31,1994, and recorded at said Deeds in Book 19412, Page 102.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

U.S. Bank National Association as trustee on behalf of the holders of Banc of America Funding Corporation Mortgage Pass-Through Certificates, Series 2006-H

Present Holder of said Mortgage,
By Its Attorneys,
ORLANS PC
PO Box 540540, Waltham, MA 02454
Phone: (781) 790-7800
17-008539

January 31, 2018, February 7, 2018 and February 14, 2018

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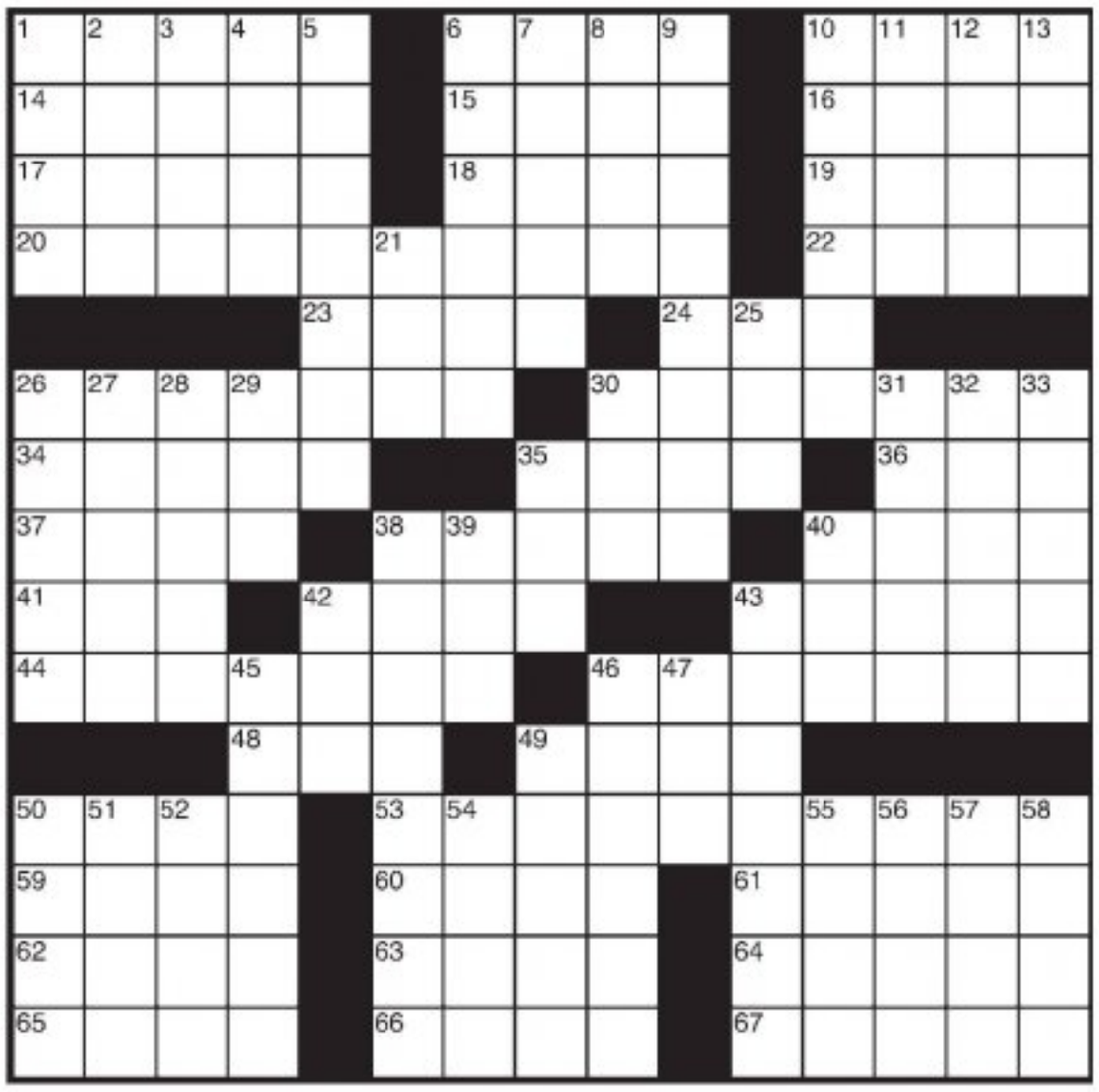
Across
1 Regatta entrant
6 Tijuana Ms.
10 Sturdy lock
14 Let happen
15 Hard benches
16 Net surfer
17 Quiet type?
18 Long-legged wader
19 Quaker colonist
20 Trick to evade
22 Canape topper
23 End of a lion's tail
24 Vive le --!
26 Comply (2 wds.)
30 Braced oneself
34 Place for croutons
35 Not e'en once
36 Ms. Thurman
37 Mother of Horus
38 Applied a crowbar
40 John, in Ireland
41 Width of a cir.
42 Whammy
43 Tempus --
44 Wins over
46 Slalom necessity (2 wds.)
48 Baseball stat.
49 Vote
50 Lurch
53 "Whew!" evokers (2 wds.)
59 Dashiell's peer
60 "-- Krishna ..."
61 Salamanders
62 Polygraph flunker
63 Says please
64 Research funds
65 Longings
66 Straphanger's lack
67 Epics

Down
1 Root crop
2 Noted diamond surname
3 Primitive weapon
4 Cat, to a flea
5 Chirped
6 Dressed to the nines
7 Confute
8 Branch
9 Said positively
10 BMW driver, maybe
11 Not in harbor
12 Mardi Gras follower
13 Coastal flyer
21 Massage
25 Above, to a bard
26 Stage whisper
27 Water holder
28 Homer opus
29 "-- Kapital"
30 Watch
31 "Hasta --, amigo!"
32 Spam, maybe
33 Beatrice's admirer
35 Slangy refusal
38 Toothy fish
39 ER staffers
40 Have a late meal
42 Bump hard
43 Iron shavings
45 Moray catchers
46 Tenderest
47 Eur. airline
49 It might be down
50 Count on
51 Buffalo's lake
52 Joie de vivre
54 Lighten up
55 Vaccines
56 Pirate's booty
57 Vulcan's forge
58 Former JFK arrivals



metro.us/sudoku

easy

	4					9	8	
			4	3	6		7	
		2	8	9				3
6			7			1		
		4		5		3		
		1			3			2
7				1	8	6		
	3		9	7	5			
	2	8					5	

hard

	9	6			3	8		
	7			6	1	4		
5								7
					2	1		5
1		9				6		2
2		3	6					
7								6
		8	7	9			1	
		5	1			7	8	

metro.us/horoscopes

Aries Use your intelligence to navigate your way through situations that appear to be excessive or not in your best interest. Cut back and purge what you no longer need.

Taurus Excessive behavior or emotional outbursts will not sit well with friends, relatives or peers. Focus on self-improvement instead of trying to change others.

Gemini Don't promise what you cannot deliver. Living up to the expectations you set will be difficult if you aren't realistic. Stick to the truth or you will be held accountable.

Cancer Travel plans can be made, but don't be tempted by someone trying to talk you into something that far exceeds your financial capability. You can't buy love.

Leo Personal disruptions are apparent if you make changes without consulting someone who is affected. Seek permission and avoid discord. Excessiveness is counterproductive.

Virgo Look at the big picture, but only pursue what's necessary to get you from start to finish. Make your plans fit your budget, space and lifestyle.

Libra Don't take on too much or indulge in practices that aren't in your best interest. Be introspective and seek out the best way to improve mentally, physically and financially.

Scorpio Mixed emotions will lead to trouble. Don't expect others to agree with you. Check your motives and make sure revenge isn't a factor. Focus on success, not on retaliation.

Sagittarius Don't divulge secret information about someone else, or you will be accused of meddling in other people's affairs. A situation with a friend or relative will escalate quickly.

Capricorn Walk away from individuals who are excessive or try to coerce you into something that isn't in your best interest. Protect your personal information and reputation.

Aquarius Stick close to home and protect what's important to you. Don't go overboard with purchases. If you can't find a bargain, don't open your wallet. Reject temptation.

Pisces Don't overreact or take on burdens that will weigh you down and hold you back. Choose your battles carefully. Protect your assets, possessions and health. EUGENIA LAST

Yesterday's answers

L	O	G	I	C	■	A	R	B	O	R	■	W	K	S
A	T	R	I	A	■	L	O	R	N	E	■	A	N	A
S	T	A	I	R	■	F	I	R	E	F	L	I	E	S
H	O	N	■	A	N	I	L	■	■	E	A	V	E	S
■	■	D	A	F	O	E	■	L	A	R	G	E	L	Y
D	A	P	P	E	R	■	W	A	D	E	S	■	■	■
O	G	R	E	S	■	B	R	I	D	E	■	P	E	P
L	U	I	S	■	P	E	A	R	S	■	Z	A	P	S
L	A	X	■	S	A	L	T	S	■	C	I	T	E	S
■	■	■	B	E	R	T	H	■	R	E	G	R	E	T
T	A	M	A	L	E	S	■	T	O	R	S	O	■	■
A	R	O	L	L	■	■	R	E	N	E	■	L	B	S
T	R	I	L	O	B	I	T	E	■	A	S	C	O	T
E	A	R	■	F	A	C	E	T	■	L	E	A	S	E
R	Y	E	■	F	R	E	S	H	■	S	C	R	E	W

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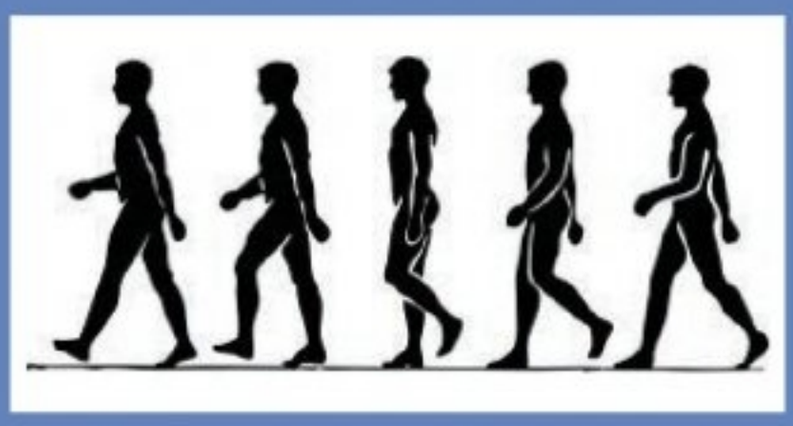

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